Which of the following is an example of an empirical research citation, like those required for your paper?

A. Psychology Today
B. The New York Times Science Section
C. The NIH website
D. The Journal of the American Medical Association
E. Newsweek Science Article

Where is a good surefire source to find a research citation, like those required for your paper?

A. Google or Yahoo!
B. PsycINFO or PubMED
C. NIH.COM
D. CNN.COM
E. Dogpile.com meta-search engine
Announcements

➤ Paper drafts due one of the next 3 Fridays if you were not in the first group (check D2L for your lottery-determined date)

➤ Dropbox is open 48 hours past actual deadline for the late papers (which are penalized 5 points per day).

From Last Time...
DSM-IV Diagnostic Criteria

- Presence of two or more distinct identities
- At least two of these identities recurrently take control of the person’s behavior
- Inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness
- Drug/medical rule outs

Synopsis of Spiel

1. Two perspectives: Post-traumatic versus socio-cognitive
2. DID diagnosis requires amnesia
3. Folks who report amnesia during an interview are not guaranteed to show objective evidence of amnesia in the laboratory, as evidenced by my study and several others
4. Claims of amnesia in DID are best treated with some skeptical thinking.

IV. State & mood dependent memory

- A. Memory better for events/information if tested in same state or mood as during learning
- B. Memory better for events/information consistent with current mood or state
V. Hypnosis

A. Can only be performed with a willing participant

B. Hypnosis induces a change perception, memory, or voluntary action

C. Hypnosis characterized by:
   1. Cessation of planfullness
   2. Attention becomes more selective than usual
   3. Rich fantasy easily evoked
   4. Reality testing reduced
   5. Suggestibility increased
   6. Post-hypnotic amnesia often present (state-dependent?)

Hypnosis Demonstration
Hypnosis is not…

1) Stage Hypnosis

That's right, it’s not Stage Hypnosis
Hypnosis Stage Show Skits (from http://www.psywww.com/asc/hyp/art/skits.html)

**Audience Naked**
Tell the subjects that they will look out into the audience and notice that everyone is naked.

**Hippie**
You are all becoming hippies from the 60's.

**Hooker**
You are a hooker standing on a street corner trying to attract attention.

**Hypnotist**
You are now becoming the hypnotist. On the count of three you will hypnotize the group.

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**Hypnosis is not**

1) Stage Hypnosis
2) That’s right, it’s not Stage Hypnosis
3) Nor is it Quack Hypnosis
Hypnosis is not…

1) Stage Hypnosis
2) That's right, it’s not Stage Hypnosis
3) Nor is it Quack Hypnosis
4) Nor is it capable of producing a Manchurian Candidate nor the Jade Scorpion

http://www.druglibrary.org/schaffer/lsd/marks11.htm

Jade Scorpion

http://www.youtube.com/watch?v=dg14wnH1uMQ

Hypnosis is not…

1) Stage Hypnosis
2) That's right, it’s not Stage Hypnosis
3) Nor is it Quack Hypnosis
4) Nor is it capable of producing a Manchurian Candidate nor the Jade Scorpion
5) More info for the interested...

http://www.druglibrary.org/schaffer/lsd/marks11.htm
Hypnosis is…

1) Relaxed state
2) Focused awareness
3) Possibly useful as part of a treatment package for change in behaviors:
   a) Study Skills
   b) Weight Loss
   c) Pain Control

Aspects of Hypnosis

1. Posthypnotic Suggestion: Suggestion carried out after the subject is no longer hypnotized.
2. Posthypnotic Amnesia: Supposed inability to recall what one experienced during hypnosis.

Hypnosis per se does not make someone do things against his or her will

- A few studies suggested hypnotized folks would do dangerous things (e.g. Hand dipped in acid)
- Carefully controlled studies show nonhypnotized subjects did the same
- Due to social context of lab; subjects assume laboratory guarantees safety
- Spanos (1982): “The overt behaviors of hypnotized subjects are well within normal limits.”
Other Fallacies Concerning Hypnosis

- An amazing trance state in which amazing things are possible … NOT! Consider the Sociocognitive Theory
- A sleeplike state … No, brainwaves differ from sleep
- Amnesia is common … No, it’s quite rare, and usually only in response to suggestion
- Hypnosis improves memory …
  - Sorry, it only improves confidence, not accuracy.
  - It increases total number of “recollections,” both accurate and inaccurate!
- Past life regression … Don’t even get me started on this rant!

Feedback Mailbag!!!