PSY 101
Introduction to Psychology

Mondays and Wednesdays
4:00-5:15 PM
Instructor: John J.B. Allen

Course Website: www.PSY150A1.org

This Course:
- Is taught from the perspective of psychology
- Will focus on understanding the inner experience and overt behavior of individuals
- Will explore how behavior is shaped by both biological and environmental factors
- Will have a recurring theme:
  - Any behavior or experience we seek to understand will have multiple causes.
  - Any mono-causal theory of behavior is wrong

PSY 150A1 vs PSY 101
- 150A1
  - The Structure Of Mind And Behavior
  - General Education
- 101
  - Intro to Psychology
  - For majors
  - Don’t take both!!!

Instructor: John JB Allen
Office: 424 Psychology
Office Hours: Mon, Wed 5:15-6:15 pm
Email: John.JB.Allen@Arizona.edu

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This Course:
- Will focus on research findings, methods, and major theoretical perspectives:
  - In various areas of psychology
  - In related disciplines
  - Will take a scientific approach
How to find me

 Come to office hours
 Find me after class in the vestibule
 But please don’t come up on stage before class

Your Teaching Assistants!

Ruth Robbins

I’m from Los Angeles, CA and I received my BA in psychology from Elon University in North Carolina.

I’m now in my second year of working on my PhD in clinical psychology, focusing on cognitive functioning and social interaction in older adults.

My hobbies include hiking and reading.

Cindy Woolverton

I am from Tucson, AZ and received my bachelor’s degree in Psychology from the University of Arizona.

I am currently a first-year Clinical Psychology graduate student interested in investigating memory and executive functioning in patient populations.

I enjoy traveling, yoga and spending time with my dogs.

Any TA can help with any class related issue:

 Lecture concepts
 Chapter concepts
 Homework
 Review past exams
 Answer other FAQs

TAs appreciate:

 Personal visits during office hours
 Discussing topics in your book or lecture
 Helping you study
 Reviewing your previous exams
Class Websites

- Class website
  - www.psy150a1.org = psy150allen.class.arizona.edu
- D2L
- Textbook Website (Aplia)

Required textbook: *Discovering Psychology* by Cacioppo & Freberg (©2012, Wadsworth)

Two versions, but you must have electronic access no matter which version you choose

Welcome to PSY 101 – Spring 2014
Prof. John Allen

http://www.cengagebrain.com/micro/UAPsy101Spr14

Purchase 1 of the 2 choices listed. Either the "Paperback bundle" or the "Cengage Advantage" loose-leaf bundle. The only difference is that one text is paperback bound and the other is loose-leaf (3 hole punched). You have two price options.
Signing in to Aplia

Go to login.cengagebrain.com

Click “Create an Account”
(After first time, use “Log In”)

Step 1: Enter Aplia Course Key and select continue.

Course Key: ACSQ-YHH9-TKUX

Step 2: Confirm this is the Aplia course to which you would like to register. If the course is incorrect, click Edit Course Key. If correct, click Continue.

Step 3: Fill out account information and click “I agree” to License Agreement.

Step 4: Click “Open” to access Aplia

Step 5: You will have until the end of the grace period to pay for your Aplia course. You should enter your course key if you have it at the time of registration.

Aplia Homepage

How do I use Aplia?

Let’s see it!

www.aplia.com/psychology
Questions about your CengageBrain account?

- Check the FAQs in the support section of CengageBrain
- Send an email to cengagebrain.support@cengage.com
- Call 1-866-994-2427 Monday through Friday from 8 AM to 6 PM EST

Do you need technical support?

- Go to www.cengage.com/support for 24/7 live chat!
- Call 1-800-354-9706 Monday through Thursday 8:30AM to 9:00PM EST and Friday 8:30AM to 6:00PM EST

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**Clickers!**

**Required Clicker**

**OR**

Purchase at the bookstore or online from the vendor at store.turningtechnologies.com using the school code (case sensitive): R3Dt

Or, in the "big bins" downstairs at the bookstore

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Start of class:

- Be sure you are using Channel 41

When directed to do so, you'll select your response by pressing the A, B, C, D, or E to send your response.

Check the status window to make sure that your response was received.

**Note:**

You do NOT need to "point" your Clicker at the instructor

You may change your response to a different one until polling is closed

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**Answering Questions in Class:**

Press the A/1, B/2, C/3, D/4, or E/5 button to send your response to the instructor's receiver.

When sending a response or when a response is successfully received, an icon appears at the bottom of the screen in the middle. Here is an example of those icons:

- **1/A**: Indicates the answer submitted. This answer can be changed up until the time polling is closed
- **...**: Indicates the response is being sent
- **✓✓✓**: Indicates the response was sent successfully

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**Trouble-shooting**

**Incorrect Channel**

This screen is to alert you that the clicker is not on the correct channel or that the device is unable to communicate with the receiver.

**Changing the Channel**

1. Press the Menu button.
2. Leave Presentation Mode – Yes
3. Arrow down to Change Channel
4. Enter
5. Type Channel Number (41)
6. Enter

**Polling Closed**

This screen indicates that polling is closed and answers are not being accepted.
Register your clicker via D2L

Clickers and Attendance

- Attend class
- Answer questions throughout class
- Receive 1 point per class (starting next week)
- Bonus of 5 points if you attend 80%
- Additional bonus of 5 points if you attend 92%

Grading: Requirements

<p>| Attendance | 25 + 10 Points |
| Best 3 of 4 semester exams | 50 points each |</p>
<table>
<thead>
<tr>
<th>Grading: Requirements</th>
<th>Research Participation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance</td>
<td>Register at experiments.psychology.arizona.edu</td>
</tr>
<tr>
<td>25 + 10 Points</td>
<td>You must use your University email</td>
</tr>
<tr>
<td>Best 3 of 4 semester exams</td>
<td>Password is mailed to you</td>
</tr>
<tr>
<td>50 points each</td>
<td>Log on with password; you can then change it if you wish</td>
</tr>
<tr>
<td>Final Exam</td>
<td>Sign up to participate in research</td>
</tr>
<tr>
<td>50 points</td>
<td>Get 1 point for each half hour</td>
</tr>
<tr>
<td>Homework</td>
<td>Accumulate 11 points total</td>
</tr>
<tr>
<td>250 points</td>
<td>Research Participation</td>
</tr>
<tr>
<td></td>
<td>If you accumulate fewer than 11 credits, receive incomplete</td>
</tr>
<tr>
<td></td>
<td>You will receive 1 credit for participation next class in a research survey</td>
</tr>
</tbody>
</table>
Homework and Syllabus Quiz will be on Aplia website

- Syllabus quiz due Monday Jan 20 11:45 pm
- Can retake up to three times till deadline
- Must score > 90%
- Homework due 11:45 pm on the day of some lectures

Grading: Points and Grades

- Based on highest obtained total
- Student with highest score is set to 100%
- Your grade based on percentage of that top score:
  - 90% & above = A
  - 80%-89% = B
  - 65%-79% = C
  - 50%-64% = D
  - Below 50% = F

Course Website Quick Tour

www.PSY150A1.org
Missed Classes and Make-up Exams

- If you do miss a class:
  - try to get notes from a classmate
  - you are still responsible for information
  - website will have slides for review
- Make-up exams will not be offered

- In the unlikely event that you will need to miss more than one exam, you may make arrangements to take an exam in advance of the usual time

We’re a Community

- Do’s and Don’ts…

DO!

- R-E-S-P-E-C-T
- RESPECT Yourself
- RESPECT Others

Respect: Academic Honesty

- It is my belief that cheating does not help students learn and retain information
- It is my belief that it’s my job (and the TAs) to discourage cheating
- ZERO Tolerance: Cheating of any sort will result in a failing grade, and a notice will be sent to the Dean's office to place a permanent mark on your transcript.
- If you are unsure what counts as cheating and/or plagiarism, ask…it is a reasonable question, but a costly mistake

Cheating and Plagiarism

- 59 % of U.S. high school students cheated on a test last year
- 33 % used the Internet to plagiarize an assignment.

The Grandmother Problem

http://charactercounts.org/programs/reportcard/index.html
The Grandmother Problem

Don’ts

Succeed and Stay in School

- Just under half of freshman at UA will not graduate
- Workers with bachelors degrees earn average $51,554/yr
- Workers with a high school diploma earn $28,645/yr
- Workers with an advanced degree earn average $78,093/yr
- According to the Census Bureau, over an adult’s working life
  - High school graduates earn $1.2 million
  - Bachelor’s degree: $2.1 million
  - Master’s degree: $2.5 million
  - Doctoral degree: $3.4 million
  - Professional degree: $4.4 million

Personal Responsibility for your Future

- High school graduates earn $1.2 million
- Bachelor’s degree: $2.1 million
- Master’s degree: $2.5 million
- Doctoral degree: $3.4 million
- Professional degree: $4.4 million

Personal Problems or Psychological Difficulties need not Endure
Rates of Psychological Disorders within 12 Months among College Students

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any</td>
<td>46%</td>
</tr>
<tr>
<td>Substance Use Disorder</td>
<td>29%</td>
</tr>
<tr>
<td>Mood Disorders</td>
<td>11%</td>
</tr>
<tr>
<td>Anxiety Disorders</td>
<td>12%</td>
</tr>
</tbody>
</table>

Rates of Mental Health Service Utilization in Same Period

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any</td>
<td>18%</td>
</tr>
<tr>
<td>Substance Use Disorder</td>
<td>5%</td>
</tr>
<tr>
<td>Mood Disorders</td>
<td>34%</td>
</tr>
<tr>
<td>Anxiety Disorders</td>
<td>16%</td>
</tr>
</tbody>
</table>

Blanco et al Arch Gen Psych 2008

What lies ahead?

- No class Monday Jan 20, for Martin Luther King Holiday
- Next class Wednesday Jan 22,
  - you’ll receive 1 of the required research participations credits for attending
  - Bring #2 pencil
  - Bring Clicker!

What lies ahead?

Podcasting!

To appear on course homepage soon

Get organized!

COURSE REQUIREMENTS AT A GLANCE:

- Register on Aplia website to take Midterm Quiz due Monday 1/20/14 11:49 pm
- Register on course website due Tuesday 1/21/14 11:49 pm
- Homework due on the website by Tuesday 1/21/14 10:49 pm
- Semester Exam: Feb 12, Mar 5, Apr 2 (in class)
- Final Exam (comprehensive): May 14 3:30-5:00 pm
- Attendance expected (and counted for points) throughout semester
- Research experience required (approx. 5 hours during semester)