PSY101
Introduction to Psychology

Mondays and Wednesdays
4:00-5:15 PM
Instructor: John J.B. Allen

Course Website: www.PSY150A1.org
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This Course:

- Is taught from the perspective of psychology
- Will focus on understanding the inner experience and overt behavior of individuals
- Will explore how behavior is shaped by both biological and environmental factors
- Will have a recurring theme:
  - Any behavior or experience we seek to understand will have multiple causes.
  - Any mono-causal theory of behavior is wrong
This Course:

➤ Will focus on research findings, methods, and major theoretical perspectives:
  ➤ In various areas of psychology
  ➤ In related disciplines
➤ Will take a scientific approach
PSY150A1 vs PSY101

- 150A1
  - The Structure Of Mind And Behavior
  - General Education
- 101
  - Intro to Psychology
  - For majors
- Don’t take both!!!!
Instructor: John JB Allen

Office: 424 Psychology

Office Hours: Mon, Wed 5:15-6:15 pm

Email: John.JB.Allen@Arizona.edu
How to find me

- Come to office hours
- Find me after class in the vestibule
- But please don’t come up on stage before class
Your Teaching Assistants!
I’m from Los Angeles, CA and I received my BA in psychology from Elon University in North Carolina.

I’m now in my second year of working on my PhD in clinical psychology, focusing on cognitive functioning and social interaction in older adults.

My hobbies include hiking and reading.
I am from Tucson, AZ and received my bachelors degree in Psychology from the University of Arizona.

I am currently a first-year Clinical Psychology graduate student interested in investigating memory and executive functioning in patient populations.

I enjoy traveling, yoga and spending time with my dogs.
Any TA can help with any class related issue:

- Lecture concepts
- Chapter concepts
- Homework
- Review past exams
- Answer other FAQs
TAs appreciate:

- Personal visits during office hours
- Discussing topics in your book or lecture
- Helping you study
- Reviewing your previous exams
Class Websites

- Class website
  - www.psy150a1.org = psyc150allen.class.arizona.edu
- D2L
- Textbook Website (Aplia)
PSY 101 Introduction to Psychology

Welcome

PSY101 Spring 2014 Class Calendar

Wednesday, January 15
16:00  PSY101 Lecture
17:15  Instructor Office Hours

Thursday, January 16
09:00  Office Hour TA Cindy Woolverton

Tuesday, January 21
14:30  Office Hour TA Ruth Robbins

Wednesday, January 22
11:30  Office Hour TA Ruth Robbins
13:00  Office Hour TA Cindy Woolverton
16:00  PSY101 Lecture
17:15  Instructor Office Hours

Thursday, January 23
09:00  Office Hour TA Cindy Woolverton

Monday, January 27
16:00  PSY101 Lecture

Events shown in time zone: Mountain Time - Arizona
Required textbook: *Discovering Psychology* by Cacioppo & Freberg (©2012, Wadsworth)

Two versions, but you must have electronic access no matter which version you choose
Our Textbook Support Guru…

BETH CROSSETT!
Welcome to PSY 101 – Spring 2014
Prof. John Allen
Your course materials:

*Discovering Psychology: The Science of Mind, Briefer Version* + Aplia 1-Semester Printed Access Card (by Cacioppo)


*Purchase 1 of the 2 choices listed. Either the *Paperback bundle* OR the “*Cengage Advantage*” *Loose-leaf bundle*. The only difference is that one text is paperback bound and the other is loose-leaf (3-hole punched). You have two price options.*
Signing in to Aplia

Go to login.cengagebrain.com

Click “Create an Account”
(After first time, use “Log In”)
**Signing in to Aplia**

**Step 1:** Enter Aplia Course Key and select continue.

**Course Key:** ACSQ-YHH9-TKUX

**Step 2:** Confirm this is the Aplia course to which you would like to register. If the course is incorrect, click Edit Course Key. If correct, click Continue.

**DIGITAL COURSE SUPPORT**
Step 3: Fill out account information and click “I agree” to License Agreement.
Signing in to Aplia

Step 4: Click “Open” to access Aplia
Step 5:
You will have until the end of the grace period to pay for your Aplia course. You should enter your course key if you have it at the time of registration.
Aplia Homepage

How do I use Aplia?

For help with Aplia, click on the Support link.

Assignments

Week 1 - August 23, 2010
There are no assignments due for this week.

Week 2 - August 30, 2010
There are no assignments due for this week.

Assignments due this week and next will appear here.

If you want to see all of the assignments in your course, click on the “View All Assignments” link above.

Let’s see it!

www.aplia.com/psychology

DIGITAL COURSE SUPPORT
Questions about your CengageBrain account?

- Check the FAQS in the support section of CengageBrain
- Send an email to cengagebrain.support@cengage.com
- Call 1-866-994-2427 Monday through Friday from 8 AM to 6 PM EST

Do you need technical support?

- Go to www.cengage.com/support for 24/7 live chat!
- Call 1-800-354-9706 Monday through Thursday 8:30AM to 9:00PM EST and Friday 8:30AM to 6:00PM EST
Clickers!
Required Clicker

Purchase at the bookstore or online from the vendor at store.turningtechnologies.com using the school code (case sensitive): R3Dt

Or, in the “big bins” downstairs at the bookstore
Start of class:
Be sure you are using Channel 41

When directed to do so, you’ll select your response by pressing the A, B, C, D, or E to send your response.

Check the status window to make sure that your response was received.

Note:
You do NOT need to "point" your Clicker at the instructor
You may change your response to a different one until polling is closed
Answering Questions in Class:
Press the A/1, B/2, C/3, D/4, or E/5 button to send your response to the instructor's receiver.

When sending a response or when a response is successfully received, an icon appears at the bottom of the screen in the middle. Here is an example of those icons:

1/A  
Indicates the answer submitted. This answer can be changed up until the time polling is closed

...  
Indicates the response is being sent

...😊  
Indicates the response was sent successfully
Changing the Channel
1. Press the Menu button.
2. Leave Presentation Mode – Yes
3. Arrow down to Change Channel
4. Enter
5. Type Channel Number (41)
6. Enter

Trouble-shooting

Incorrect Channel

This screen is to alert you that the clicker is not on the correct channel or that the device is unable to communicate with the receiver.

Polling Closed

This screen indicates that polling is closed and answers are not being accepted.
Register your clicker via D2L
Register your clicker via D2L
Register your clicker via D2L.
Clickers and Attendance

- Attend class
- Answer questions throughout class
- Receive 1 point per class (starting next week)
- Bonus of 5 points if you attend 80%
- Additional bonus of 5 points if you attend 92%
Grading: Requirements

- Attendance: 25 + 10 Points
- Best 3 of 4 semester exams: 50 points each

- Semester Exams: Feb 12, Mar 5, Apr 2, Apr 23
- Best 3 of 4 count towards grade; drop the lowest
- If you miss an exam, it will count as your lowest and be dropped as the lowest. No makeup exams are offered.
Grading: Requirements

- Attendance: 25 + 10 Points
- Best 3 of 4 semester exams: 50 points each
- Final Exam: 50 points

- Final Exam May 14, 3:30 pm
- Not cumulative
- Cannot drop the final exam
Grading: Requirements

Attendance 25 + 10 Points
Best 3 of 4 semester exams 50 points each
Final Exam 50 points
Homework 250 points
Grading: Requirements

Attendance 25 + 10 Points
Best 3 of 4 semester exams 50 points each
Final Exam 50 points
Homework 250 points
Research Participation No points towards grade
Syllabus Quiz
Research Participation

- Register at experiments.psychology.arizona.edu
- You must use your University email
- Password is mailed to you
- Log on with password; you can then change it if you wish
- Sign up to participate in research
- Get 1 point for each half hour
- Accumulate 11 points total
Research Participation

- If you accumulate fewer than 11 credits, receive incomplete
- You will receive 1 credit for participation next class in a research survey
Welcome to the INDV Experiment Tracking System

Announcement:

Experiment Scheduling and Tracking System

- New Users: Click Here to register to use the system.
- Lost Password: Click Here to have your password mailed to you.
- Experiments with passwords: If an experiment asks for a password, then you are not eligible for that experiment unless the experimenter has contacted you and provided you with the password.

Psychology Department Web Page

User ID: [Enter User ID]
Password: [Enter Password]

Log In
Request an Account

Using this form, you may request a participant account on the system. Your login information will be emailed to you as soon as you request the account, so you may login immediately. You will need to check your email for specific login instructions. If you have junk mail (spam) filters configured for your email, please configure the filters to accept email from anl@email.arizona.edu, as emails from the system will often be sent from that address.

This form should only be used by participants. Researchers will have their accounts created for them automatically.

You must enter a User ID that maps to your valid @email.arizona.edu email address. It is not necessary to type in "@email.arizona.edu" when entering your User ID.

All fields are required unless marked otherwise.

<table>
<thead>
<tr>
<th>Account Information</th>
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</thead>
<tbody>
<tr>
<td><strong>First Name</strong></td>
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<tr>
<td><strong>Last Name</strong></td>
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<tr>
<td><strong>User ID</strong></td>
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<tr>
<td><strong>User ID</strong> (re-enter for verification)</td>
</tr>
<tr>
<td><strong>Student ID Number</strong></td>
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<tr>
<td><strong>Telephone</strong> (optional)</td>
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<tr>
<td><strong>Course</strong></td>
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(Your request may take a moment to process. Please click the Request Account button only once.)
Homework and Syllabus Quiz will be on Aplia website

- Syllabus quiz due Monday Jan 20 11:45 pm
  - Can retake up to three times till deadline
  - Must score > 90%
- Homework due 11:45 pm on the day of some lectures
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assigned Chapter Reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>1/15/14 Introduction and Administrative Overview</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>1/20/14 Martin Luther King Jr. Holiday</td>
<td>None</td>
</tr>
</tbody>
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**PSYCHOLOGY, the Discipline at the Interface of Biology and Society**

- Week 2
  - 1/22/14 Survey
  - 1/27/14 Introduction to Course
  - 1/29/14 Research Methods

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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</thead>
<tbody>
<tr>
<td>Ch. 1</td>
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**The Stuff of Which We’re Made: Biological Constraints are Not Destiny, but They are Constraints**

- Week 4
  - 2/10/14 Biological Basis of Psychology

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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<tbody>
<tr>
<td>Ch. 2 (except Table 2.1 and final portion of 2-4c on Right-brain Left-brain and Lateralization)</td>
</tr>
</tbody>
</table>

**Rooted in Biology and Shaped by Experience**

- Week 5
  - 2/17/14 Imagining and Lateralization

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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<tbody>
<tr>
<td>Ch. 2 (only Table 2.1 and the final portion of 2-4c on Right-brain Left-brain and Lateralization)</td>
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- Week 6
  - 2/19/14 States of Consciousness

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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<tbody>
<tr>
<td>Ch. 4</td>
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- Week 7
  - 2/24/14 States of Consciousness
  - 2/26/14 Sensation and Perception

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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<tbody>
<tr>
<td>Ch. 4</td>
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<tr>
<td>Ch. 3</td>
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- Week 8
  - 3/10/14 Pain
  - 3/12/14 Emotion

<table>
<thead>
<tr>
<th>Assigned Chapter Reading</th>
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<tr>
<td>Ch. 5</td>
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**Spring Break March 15-23**
Grading: Points and Grades

- Based on highest obtained total
- Student with highest score is set to 100%
- Your grade based on percentage of that top score:
  90% & above = A
  80%-89% = B
  65%-79% = C
  50%-64% = D
  Below 50% = F
CONTACT US: 621-3268            http://drc.arizona.edu
                          DRC-Info@email.arizona.edu
Course Website Quick Tour

www.PSY150A1.org
Missed Classes and Make-up Exams

- If you do miss a class:
  - try to get notes from a classmate
  - you are still responsible for information
  - website will have slides for review

- Make-up exams will not be offered

- In the unlikely event that you will need to miss more than one exam, you may make arrangements to take an exam in advance of the usual time
We’re a Community

➢ Do’s and Don’ts…
DO!

- R-E-S-P-E-C-T
- RESPECT Yourself
- RESPECT Others
Respect: Academic Honesty

- It is my belief that cheating does not help students learn and retain information
- It is my belief that it’s my job (and the TAs) to discourage cheating
- ZERO Tolerance: Cheating of any sort will result in a failing grade, and a notice will be sent to the Dean's office to place a permanent mark on your transcript.
- If you are unsure what counts as cheating and/or plagiarism, ask...it is a reasonable question, but a costly mistake
Cheating and Plagiarism

- 59% of U.S. high school students cheated on a test last year.
- 33% used the Internet to plagiarize an assignment.

http://charactercounts.org/programs/reportcard/index.html
The Grandmother Problem
The Grandmother Problem

Mean family deaths/100 students

- **None**: $y = -0.56000 + 0.53400x$, $R^2 = 0.988$
- **Midterm**: $y = -0.33500 + 0.30300x$, $R^2 = 0.974$
- **Final**: $y = -0.56000 + 0.53400x$, $R^2 = 0.988$

Current Grade of Student
Don’ts

The Onion

ONE MILLION TEEN-AGE GIRLS STRICKEN IN BEATLENEMIA EPIDEMIC

U.S. Health Officials: Strongly Warn Against Exposure to John, Paul, George, Ringo

Centers for Disease Control Begin Emergency Immunizations

Screaming, Pulling Own Hair Out

LBJ Announces Plans for 'Groovy Society'

WASHINGTON, D.C.—Speaking before a packed audience at the White House, President Johnson announced his ambitious "Groovy Society" program. Urnula Chapman, "We must get with the times," Johnson exhaled upon the smiling faces of the audience.

Johnson promised to allocate $100 million for a "groovy" program, a mere $10 million to "out of sight" initiatives, and a little $1 million for "scoop for all." As part of the Groovy Society program, the president ordered upon Congress a $100 million spending package, with another $1 billion to follow.

In an extraordinary move, Johnson also appointed Robert Galbraith, an expert on pop culture, to head the new program. "This will be a groovy move," said Johnson. The program will include the following initiatives:

- "Groovy" schools
- "Groovy" housing
- "Groovy" clothing
- "Groovy" entertainment
- "Groovy" media

"We want to bring the younger generation into the fold," said Johnson. "This is a groovy time."
PSY101 Classroom Etiquette

In order to foster a good learning environment for the PSY101 course, I agree to obey the following rules of etiquette while attending class in Centennial Hall:

1. I will not eat food or drink anything other than water in Centennial Hall.

2. I will not read the *Arizona Daily Wildcat* or any other newspapers or magazines while class is in session.

3. I will turn my cell phone, music player, or other mobile devices OFF while class is in session.*

   *3a. If I am a parent or I am in an emergency situation, I will set my cell phone to VIBRATE.

4. I will not disrupt class by talking to my classmates about non-course-related subjects while the professor or his TAs are speaking to the class.

5. I will not use my laptop/tablet/pad to play movies or games or surf the Internet for non-course-related subjects while class is in session. I will not use this device to send texts or messages of any kind. I will not use it to access social media sites or tools.

6. I will make every effort to arrive in class on time and not leave until class is over. If I must arrive late or leave early, I will not disrupt class or annoy my classmates.

7. I will not bring any pets or animals into Centennial Hall (seeing-eye/therapy dogs exempted.)

8. Should I break any of these rules of etiquette which are listed above, I give Dr. Allen and his Teaching Assistants **full authority** to eject me from the classroom.
Personal Responsibility for your Future
Succeed and Stay in School

- Just under half of freshman at UA will not graduate
- Workers with bachelors degrees earn average $51,554/yr
- Workers with a high school diploma earn $28,645/yr
- Workers with an advanced degree earn average $78,093/yr
- According to the Census Bureau, over an adult's working life
  - High school graduates earn $1.2 million
  - Bachelor's degree: $2.1 million
  - Master’s degree: $2.5 million
  - Doctoral degree: $3.4 million
  - Professional degree: $4.4 million
Personal Responsibility for your Future

Personal Problems or Psychological Difficulties need not Endure
Rates of Psychological Disorders within 12 Months among College Students

Any 46%
Substance Use Disorder 29%
Mood Disorders 11%
Anxiety Disorders 12%

Blanco et al Arch Gen Psych 2008
# Rates of Mental Health Service Utilization in Same Period

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>Any</td>
<td>18%</td>
</tr>
<tr>
<td>Substance Use Disorder</td>
<td>5%</td>
</tr>
<tr>
<td>Mood Disorders</td>
<td>34%</td>
</tr>
<tr>
<td>Anxiety Disorders</td>
<td>16%</td>
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</table>

Blanco et al Arch Gen Psych 2008
What lies ahead?

- No class Monday Jan 20, for Martin Luther King Holiday
- Next class Wednesday Jan 22,
  - you’ll receive 1 of the required research participations credits for attending
  - Bring #2 pencil
  - Bring Clicker!
What lies ahead?

Podcasting!
To appear on course homepage soon
Get organized!

COURSE REQUIREMENTS AT-A-GLANCE

- Register on Aplia website to take Syllabus Quiz by Monday 1/20/14 11:45 pm
- Register your clicker by Tuesday 1/21/14 11:45 pm
- Register on experiment tracking website due Tuesday 1/20/14 11:45 pm (experiments.psychology.arizona.edu)
- Homework on Aplia due 11:45 pm on the day of many of the lectures
- Semester Exams: Feb 12, Mar 5, Apr 2, Apr 23 (online but in class)
- Final Exam (noncumulative): May 14 3:00-5:30 pm
- Attendance expected (and counted for points) throughout semester
- Research experience required (approx. 5 hours during semester)